

A close-up photograph of a field of yellow dandelions in full bloom. The flowers are bright yellow with dark brown centers, and their stems are green. The background is a soft-focus green field of more dandelions.

Reading Weeds

Introduction to Plant Indicators

Ron Whitehurst
Rincon-Vitova Insectaries

Back to the Land



Reading signs
in the city



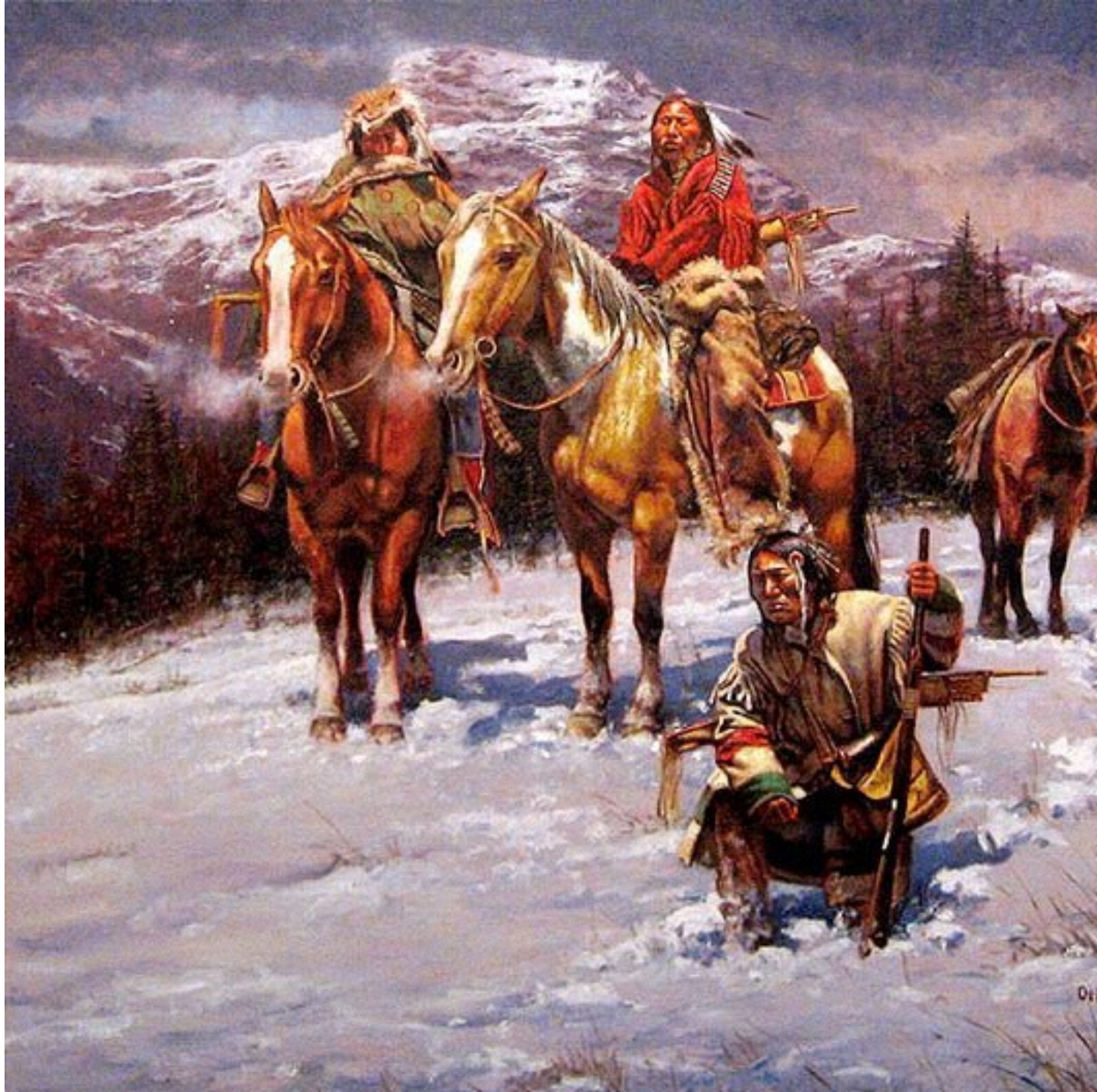
RESTROOM

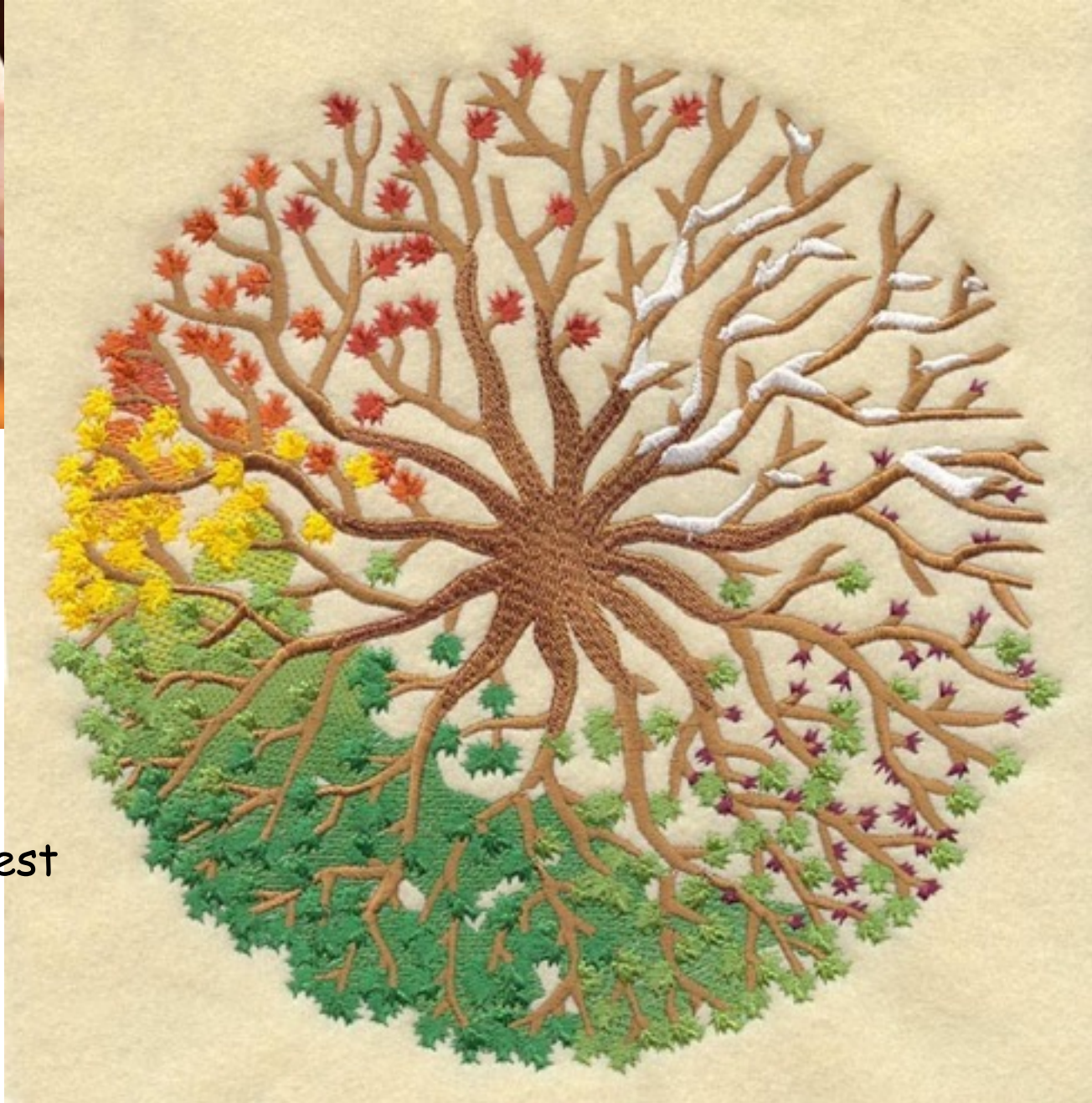


We have learned to
find simulated food
like substances, by
reading the signs



Learning
traditional
skills of
interpreting
nature signs





Snap shot chemical test
vs plants that have
experienced several
seasons

Healthy Soil: Cornerstone of Life

**Biological
Diversity**

**Food
Production**

**Water
Benefits**

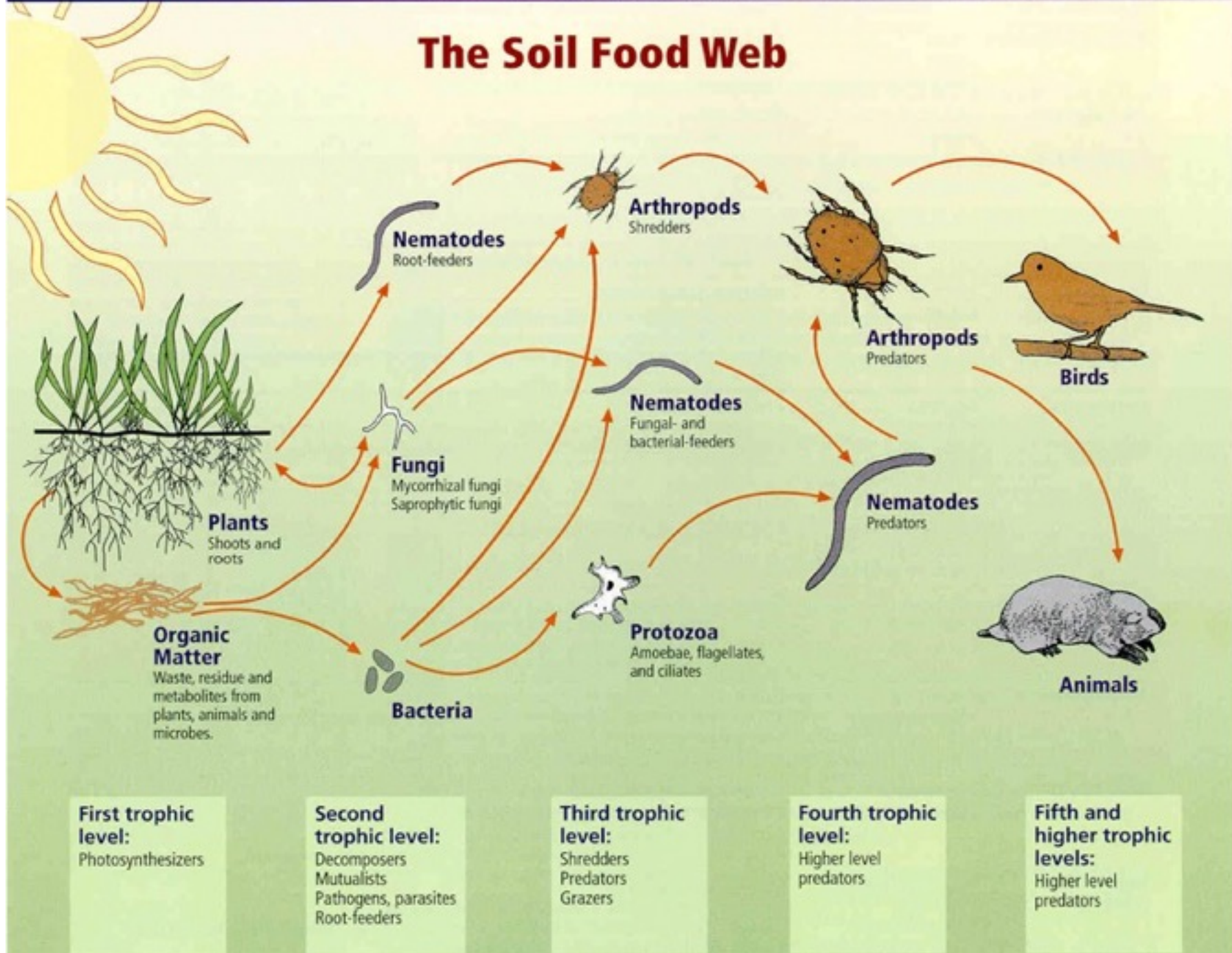
**Carbon
Storage**



THE SOIL FOODWEB

Our soil teams with a multitude of organisms which provide the necessary work for healthy plants to grow free from disease, pests, and infertility. These interconnected interactions and feeding relationships (quite literally "who eats who") help determine the types of nutrients present in soil, its depth, and pH, and even the types of plants which can grow.

The Soil Food Web



Simplified Soil Food Web Diagram from Dr. Elaine Ingham

Food Forests' Living Web

A Web of Life

A food forest is designed to link food crops together in a web of life similar to that of other forests.

Our web engages plants, animals, and fungi to help with gardening tasks. We grow a whole forest, not just food, and we get pest control, weed control, fertilizers, water storage, and a beautiful space for people.

All fruits start as pollinated flowers.



Ladybugs and green lacewing larvae protect budding fruit from aphids and thrips.



Seedbugs save leaves from leafhoppers.



Helping Flowers Become Fruit

The food forest builds habitat for predators and pollinators that tend our flowers and fruits as they grow.

Building Soil

Worms, fungi, and other soil life eat dead leaves, creating top soil full of precious nutrients that plants can absorb easily.



Slowing Water to Protect Soil

Layers of plants slow down speeding raindrops to lessen their impact.



Rain drops can fall at 30 miles per hour, breaking apart and crushing exposed soil.



Mulch, such as leaves and woodchips, protects the soil's delicate networks of roots, sand, organic matter, and hyphae (fungal roots).



A plum tree may take 3 to 10 years to mature, and with care it can produce plums for decades.

Storing Water

Good soil structure provides air space for soil life and acts as a sponge, storing water for our dry summers.



Cleaning Water

Like a carbon filter used to clean water, soil with a lot of organic content (carbon) cleans stormwater.

Roots pull up minerals trapped in rocks.



Groundwater

Thelma Townsend

Roots Demystified

by

Robert Kourick

Roots take on different shapes
to get nutrients and water
from different layers
of the soil

Carrot
Roots

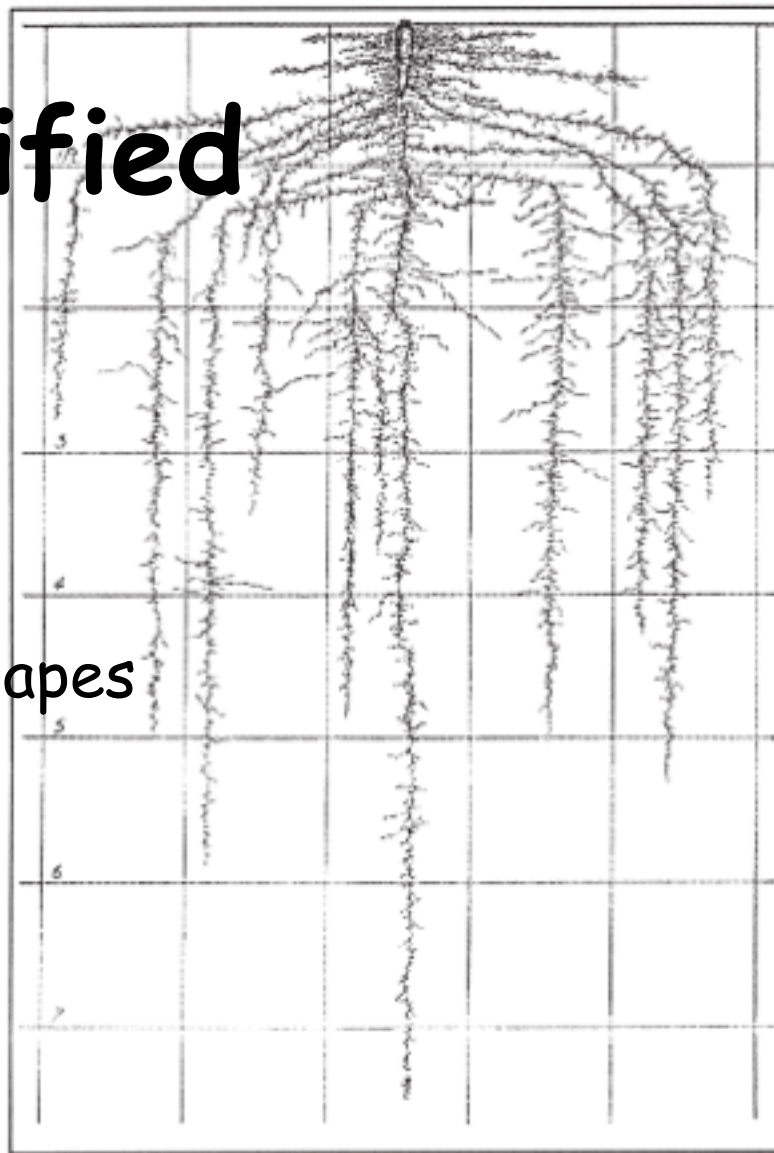


Figure #14: When you pulled that carrot from the soil, I'll bet you didn't know how many roots you left behind.

Roots
Cauliflower

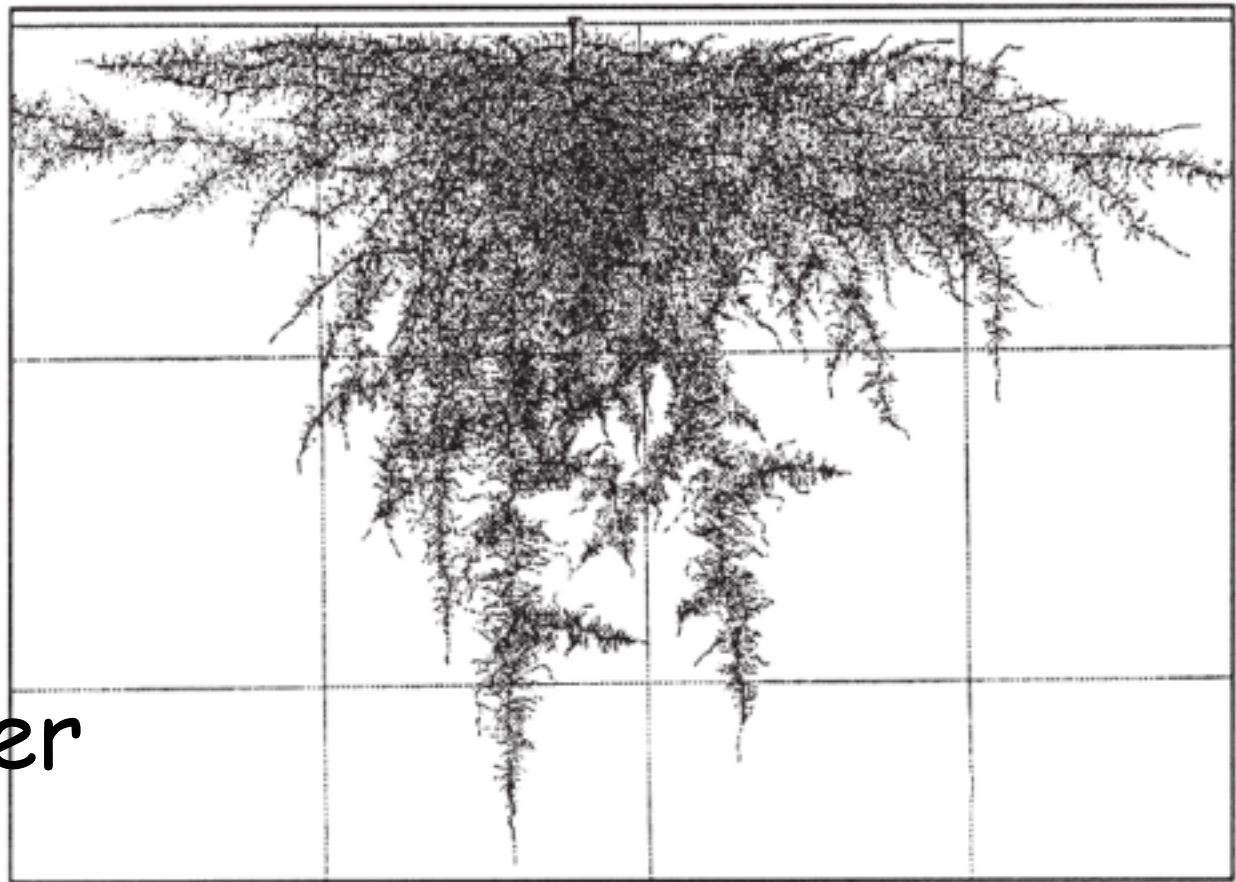


Figure #15: At only eight weeks old, the root system of this cauliflower plant is more than four feet wide and three feet deep.

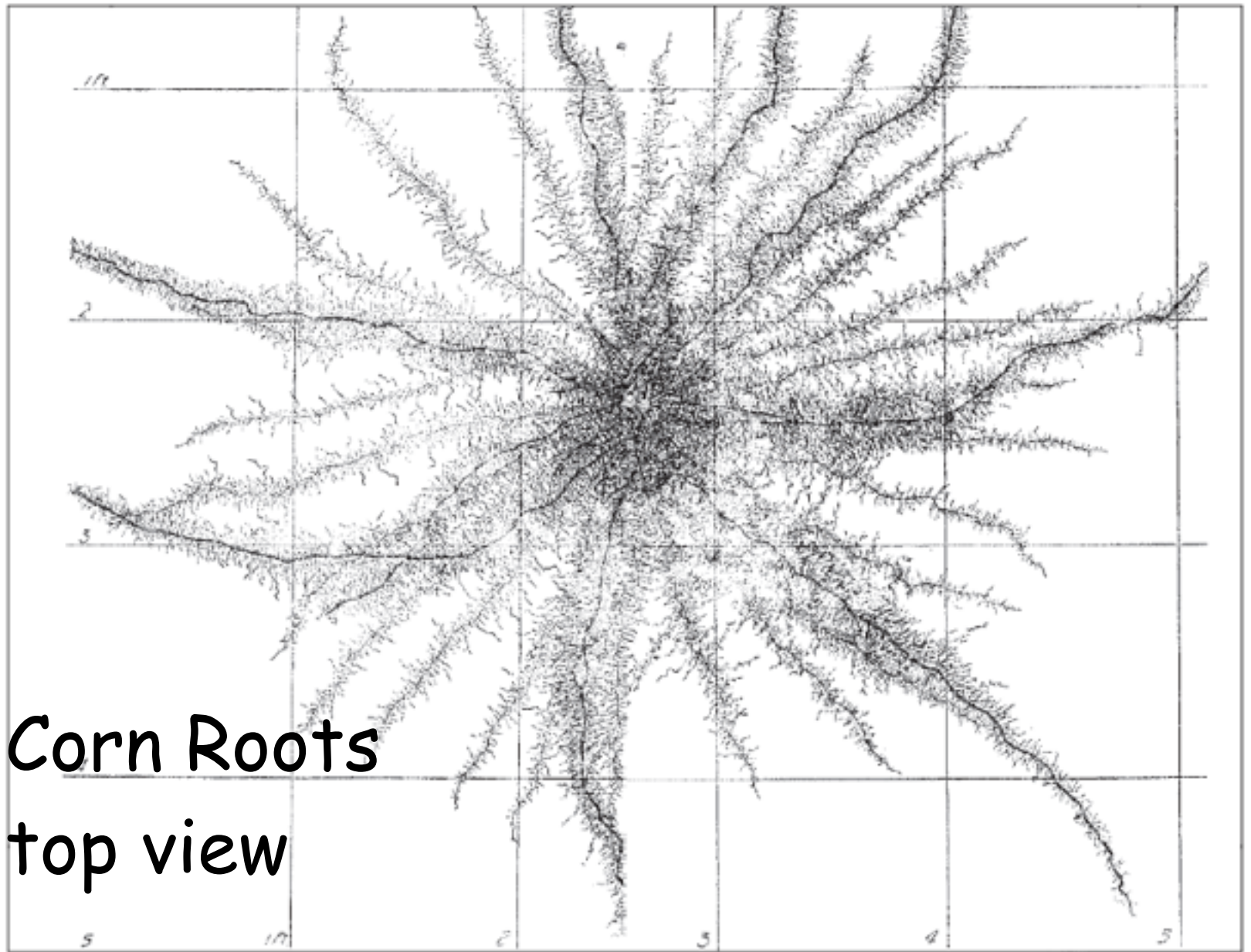
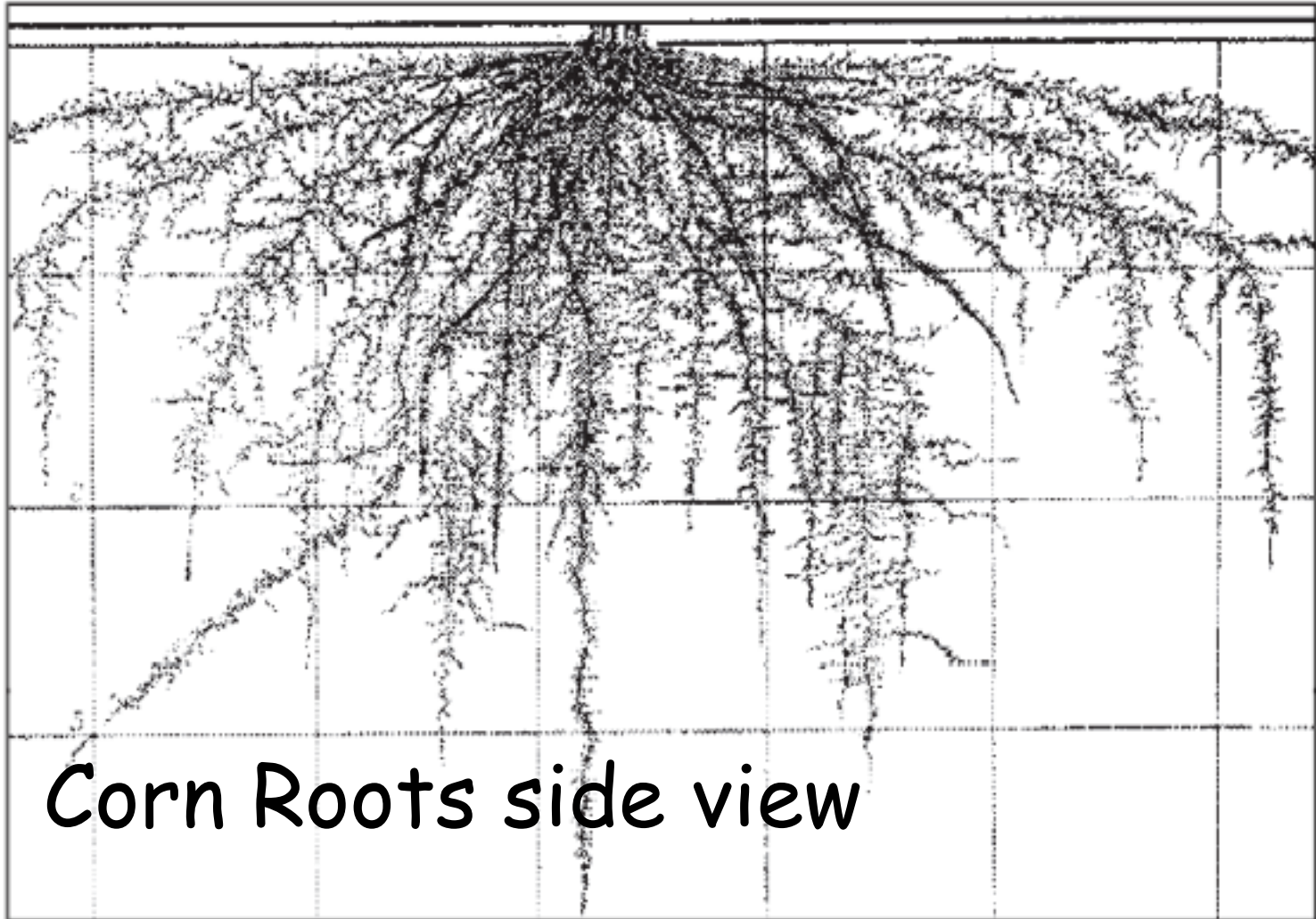


Figure #18: This beautiful diagram re-creates the pattern (seen from above) of corn roots growing in the top six inches of soil.



Corn Roots side view

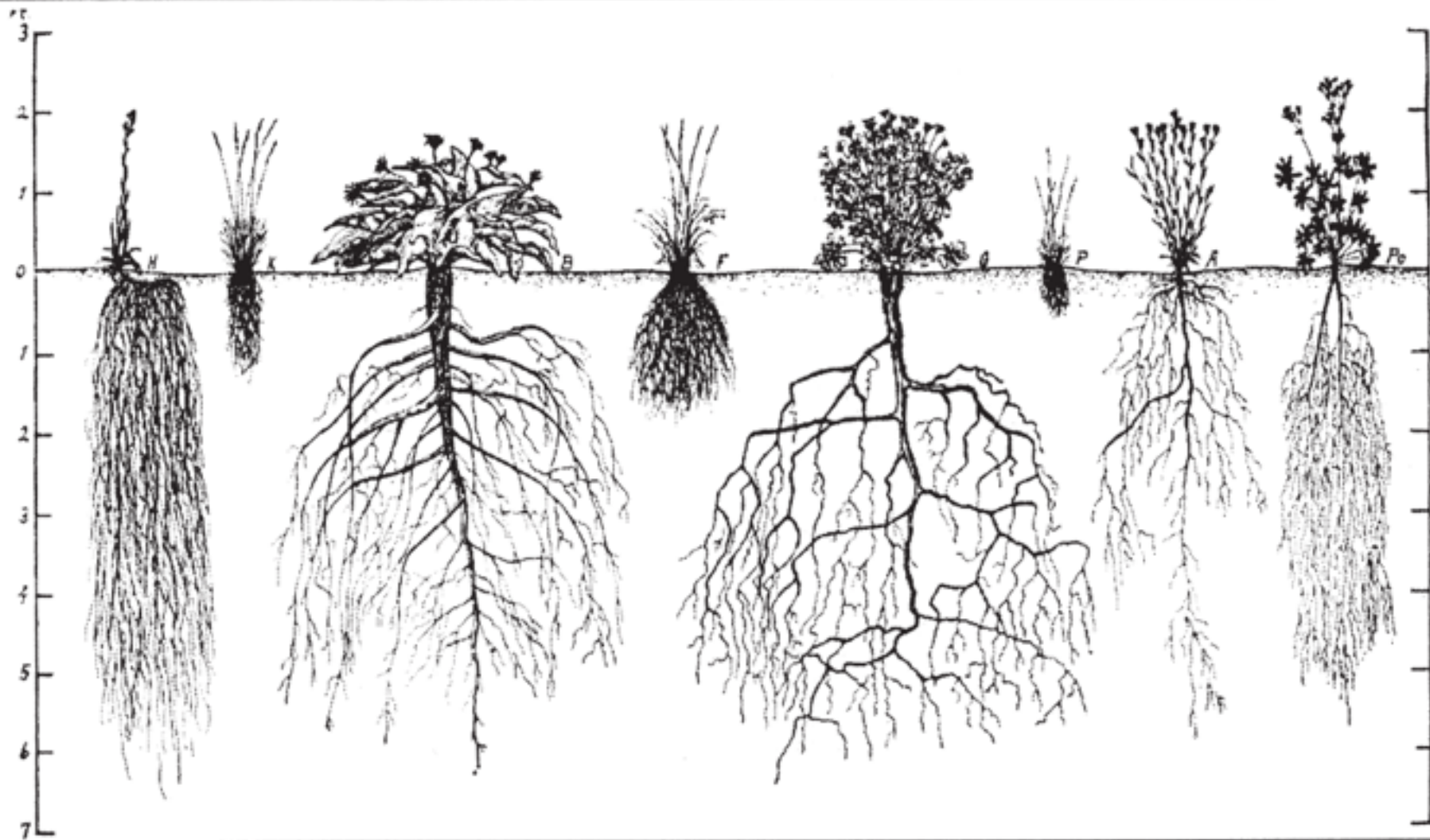


Figure #11: Prairie plants from eastern Washington. From left to right: hawkweed (*Hieracium* spp.), June grass (*Koleria* spp.), balsamroot (*Balsamorhiza* spp.), blue bunch grass (*Festuca* spp.), Geranium, a bluegrass (*Poa secunda*), a composite (*Hoorebekia* spp.), cinquefoil (*Potentilla* spp.).

Use of Plant Indicators

Factors - climate, light, temperature, soil, nutrients, toxins.

Processes - fire, lumbering, cultivation, erosion, etc.

Practices - agriculture, forestry, grazing.

Simple PLANT DEFICIENCY Guide

Calcium

New leaves misshapen or stunted.
Existing leaves remain green.

NEW GROWTH

Iron

Young leaves are yellow and white
with green veins. Mature leaves are
normal.

OLD GROWTH

Nitrogen

Upper leaves are light green
where lower leaves are yellow.
Bottom or older leaves are yellow
and shrivelled.

Potassium

Yellowing at the tips and edges,
usually in younger leaves. Dead or
yellow patches develop on leaves.

Carbon Dioxide

White deposits on leaves.
Stunted growth, and plant die
back.

Manganese

Yellow spots and or elongated
holes between veins.

Phosphate

Leaves are darker than
normal and loss of leaves.

Magnesium

Lower leaves turn
yellow from outside
going in, veins remain
green.

Nutrient Deficiency Problems



HEALTHY Leaves shine with a rich dark green color when adequately fed



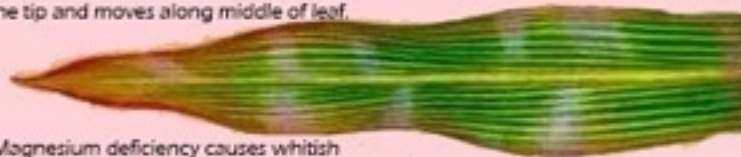
PHOSPHATE shortage marks leaves with reddish purple, particularly on young plant



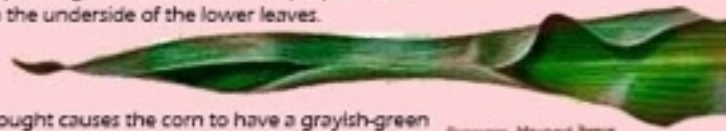
Potash deficiency appears as a firing or drying along the tips and edges of lowest leaves.



Nitrogen hunger sign is yellowing that starts at the tip and moves along middle of leaf.



Magnesium deficiency causes whitish strips along the veins and often a purplish color on the underside of the lower leaves.



Drought causes the corn to have a grayish-green color and the leaves roll up nearly to the size of a pencil.

Drawings: Maynard Reiser



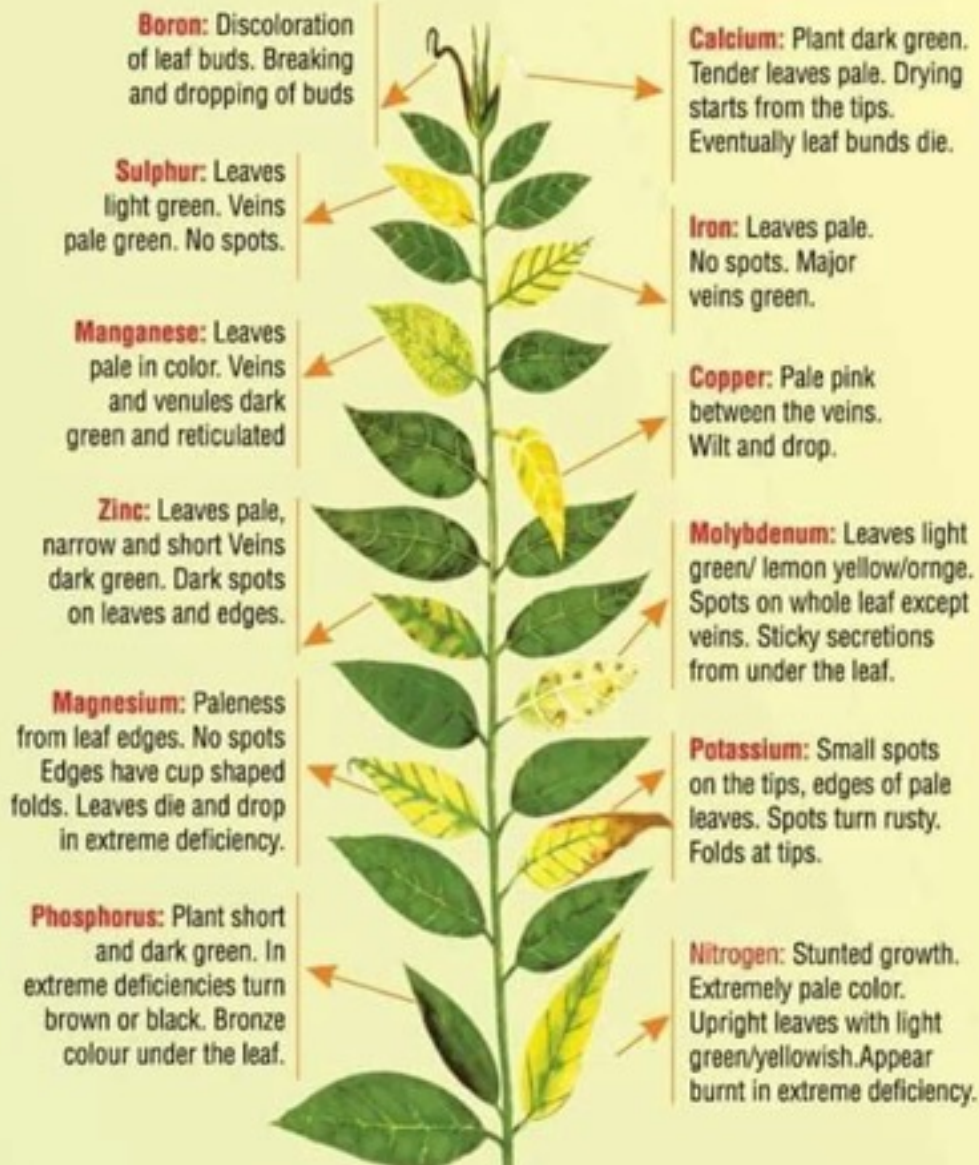
Disease, helminthosporium blight, starts in small spots, gradually spreads across leaf.



Chemicals may sometimes burn tips, edges of leaves and at other contacts. Tissue dies, leaf becomes whitecap.



Deficiency Chart of Micronutrients



THE COLOUR REPRESENTED ARE INDICATIVE.
THEY MAY VARY FROM PLANT TO PLANT

Mobile Nutrients

symptoms start at the bottom with older fan leaves and progress up the plant



Nitrogen deficiency, (N) early stage



Nitrogen deficiency, (N) progression



Nitrogen abundance (N), early stage



Phosphorus deficiency (P), early stage



Phosphorus deficiency (P), progression



Phosphorus abundance (P), early stage



Potassium deficiency (K), early stage



Potassium deficiency (K), progression



Potassium abundance (K), early stage



Calcium deficiency (Ca), early stage



Calcium deficiency (Ca), progression



Calcium deficiency (Ca), late stage



Magnesium deficiency (Mg), early stage



Magnesium deficiency (Mg), progression



Magnesium deficiency (Mg), late stage

Immobile Nutrients

symptoms start at the top of plants with new growth



Zinc deficiency (Zn), early stage



Zinc deficiency (Zn), progression



Zinc deficiency (Zn), late stage



Manganese deficiency (Mn), early stage



Manganese deficiency (Mn), progression



Manganese deficiency (Mn), late stage



Iron deficiency (Fe), early stage



Iron deficiency (Fe), progression



Iron deficiency (Fe), late stage



Sulfur deficiency (S), early stage



Sulfur deficiency (S), progression



Sulfur deficiency (S), late stage

Healthy Leaf

even shade of green, no bluish tint, no yellowing, no burned leaf tips, no spots, etc



Excess Salt - Sodium

Tip burn

Mottling

More succulent or puffier



Hardpan Soil

Field Mustard (*Brassica nigra*)

Horse Nettle (*Solanum carolinense*)

Morning Glory (*Ipomoea purpurea*)

Pennycress (*Thlaspi arvense*)

Pineapple Weed (*Matricaria matricariodes*)

Quack Grass (*Agropyron repens*).

Previously Cultivated Soil

Carpet Weed (*Mullugo verticillata*)

Chickweed (*Stellaria media*)

Dandelion (*Taraxacum officinate*)

Lamb's Quarter (*Chenopodium album*)

Plantain (*Plantago major*)

Purslane (*Portulaca oleracea*)

Ragweed (*Ambrosia artemisiifolia*)

Rough Pigweed (*Araganthus sp.*)

Acid Soil

eastern Bracken (*Pteridium aquifolium*)
Buggenum buttercup (*Ranunculus* spp.)
Chamomile-German (*Chamomilla pecutita*)
Curly Dock (*Rumex crispus*)
English Daisy (*Bellis perennis*)
Ox-Eye Daisy (*Chrysanthemum leucanthemum*)
Dandelion (*Taraxacum officinale*)
Hawkweeds (*Hieracium aurantiacum* and *pratense*)
Knapweeds (*Centaurea* species)
Lady's-Thumb (*Polygonum persicaria*)
Mayweed (*Arthemis cotula*)
Mosses (*Musci* class)
common Mullein (*Verbascum thapsis*)
Nettles (*Urtica dioica*)
Wild Pansy (*Viola* sp.)
Pineapple Weed (*Matricria matricariodes*)
Pinks (*Dianthus* sp.)
Plantain (*Plantago major*)
Prostrate Knotweed (*Poly-aviculare*)
Wild Radish (*Bapranus raphanistrum*)
Rough Cinquefoil (*Potentilla monspeliensis*)
Sheep Sorrel (*Rumex acetosella*)
Silvery Cinquefoil (*Potentilla argentea*)
Sow Thistle (*Sonchus* species)
Corn Spurry (*Spergula arvensis*)
wild Strawberries (*Fragaria* species)



Alkaline Soil

Bellflower (*Campanula* sp.)

Bladder Campion (*Silene latifolia*)

Wild Carrot (*Daucus carota*)

Field Peppergrass (*Lepidium virginicum*)

Goosefoot (*Chenopodium* species)

Gromwell (*Lithospermum officinale*)

black Henbane (*Hyoscyamus niger*)

white Mustard (*Brassica hirta*)

Pennycress (*Thlaspi arvense*)

Salad Burnett (*Poterium sanguisorba*)

Scarlet Pimpernel (*Anagallis arvensis*)

Stinkweed (*Thlaspi arvense*)

Nodding Thistle (*Carduus nutans*)

True Chamomile (*Anthemis nobilis*)



Fertile soil

Burdock (*Arctium minus*)

Butter Print (*Abutilon theophrasti*)

Chickweed (*Stellaria media*)

Chicory (*Cichorium intybus*)

Dandelion (*Taraxacum officinale*)

Fat Hen (*Atriplex hastata*)

Groundsel (*Senecio vulgaris*)

Lamb's-Quarters (*Chenopodium album*)

Pigweed (*Amaranthus* sp.)

Pokeweed (*Phytolacca americana*)

Purslane (*Portulaca oleracea*)

Queen Anne's lace (*Daucus carota*)

Velvetleaf (*Abutilon theophrasti*)

Poor Depleted Soil

Broom sedge (*Adropogon virginicus*)

Dog fennel (*Eupatorium capillifolium*)

Wild Radish (*Bapranus raphanistrum*)

Sheep Sorrel (*Rumex acetosella*)

Wild Parsnip (*Sium suave*)

Biennial Wormwood (*Artemisia bennis*)

Yellow toadflax (*Lindaia vulgaris*)

Heavy clay soil

Broadleaf Dock (*Rumex obtusifolius*)

Wild Carrot (*Daucus carota*)

Chicory (*Cichorium intybus*)

Creeping Buttercup (*Ranunculus repens*)

English Daisy (*Bellis perennis*)

Dandelion (*Taraxacum officinale*)

Mayweed (*Arthemis cotula*)

Milkweed (*Asclepius syriaca*)

Plantain (*Plantago major*)

Canada Thistle (*Cirsium arvense*)

Wild Garlic (*Allium vineale*)

Sandy Soil

Arrow-leaved Wild Lettuce (*Lactuca pulchella*)
Field Bindweed (*Convolvulus arvensis*)
White Cockle (*Lychnis alba*)
Cornflower (*Centaurea cyanus*)
Dog Fennel (*Eupatorium capillidolium*)
Goldenrods (*Solidago* sp.)
Maltese Thistle (*Centaurea melitensis*)
Sandbur (*Cenchrus* species)
Small Nettle (*Urtica urens*)
Yellow Toadflax (*Linaria vulgaris*).

Intermittent wet

Dock

Horsetail

Foxtails

Willows

Ox-eye Daisy

Goldenrod

Poison Hemlock

Rushes

Sedges and Joe-pye

Wet Poorly Drained Soil

Hedge Bindweed (*Convolvulus Sepium*)

Bull sedge (*Carex lasiocarpa*)

Canada goldenrod (*Solidago graminifolia*)

Cattail (*Typha latifolia*)

Coltsfoot (*Tussilago farfara*)

Creeping buttercup (*Ranunculus repens*)

Curly dock (*Rumex crispus*)

Ox-Eye Daisy (*Chrysanthemum leucanthemum*)

Docks (*Rumex sp.*)

Foxtail (*Hordeum jubatum*)

Goldenrods (*Solidago sp.*)

Groundnut (*Apios americana*)

Poison Hemlock (*Conium maculatum*)

Horsetail (*Equisetum arvense*)

Jewelweed (*Impatiens pallida*)

Wet Poorly Drained Soil

Joe-pye weed (*Eupatorium purpureum*)

Lady's thumb (*Polygonum persicaria*)

Marsh Mallow (*Althaea Officinalis*)

May apple (*Podophyllum peltatum*)

Meadow pink (*Lychnis flos-cuculi*)

Meadow Sweet (*Astilbe* sp)

Mosses (all species)

Stinging Nettles (*Urtica urens*)

Pennsylvania smartweed (*Polygonum pennsylvanicum*)

Ragwort Tansy (*Senecio jacobaea*)

Sheep sorrel (*Rumex acetosella*)

Silvery cinquefoil (*Potentilla argentea*)

Sweet flag (*Acorus calamus*)

Tall buttercup (*Ranunculus acris*)

Thyme-leaved speedwell (*Veronica serpyllifolia*)

Black Willow (*Salix* sp.)

Mallow

(*Malva neglecta* Wallr.) (*M. rotundifolia* L.)
Round-leaved mallow, cheeses, low mallow

Indicates soil

very rich in nitrogen,
moisture fresh or
intermediate and
intermediate pH.



Malva neglecta Wallr. Common mallow. A, Habit— $\times 0.5$; B, enlarged branchlet— $\times 2$; C, flower diagram— $\times 5$; D, carpel— $\times 5$; E, seeds— $\times 5$.

Mallow (*Malva neglecta* Wallr.) (*M. rotundifolia* L.)

- **Habitat:** Cultivated ground, pastures, new lawns.
- **Climate:** warm, continental
- **Control:** Hand weed or hoe when small, pull large plants, burn.
- **Fodder:** Palatability & value vary with locality. Bees work mallow when there is little else, it but of little value to bees.
- **Food:** Root, when cooked, sweetish mucilage used for syrup, deserts, and lotions. Fruits are edible. Young leaves in salads. Leaves to curdle milk to make cheese.
- **Use:** food, herbal, skin lotion, poultice (2300) Host butterfly, opening up hard pans
- **Discussion:** Survival food and medicine. Root and leaves poultice for infected wounds. Cooked root mucilage used as egg whites to make chiffon deserts.

Storksbill

(*Erodium cicutarium* L.)

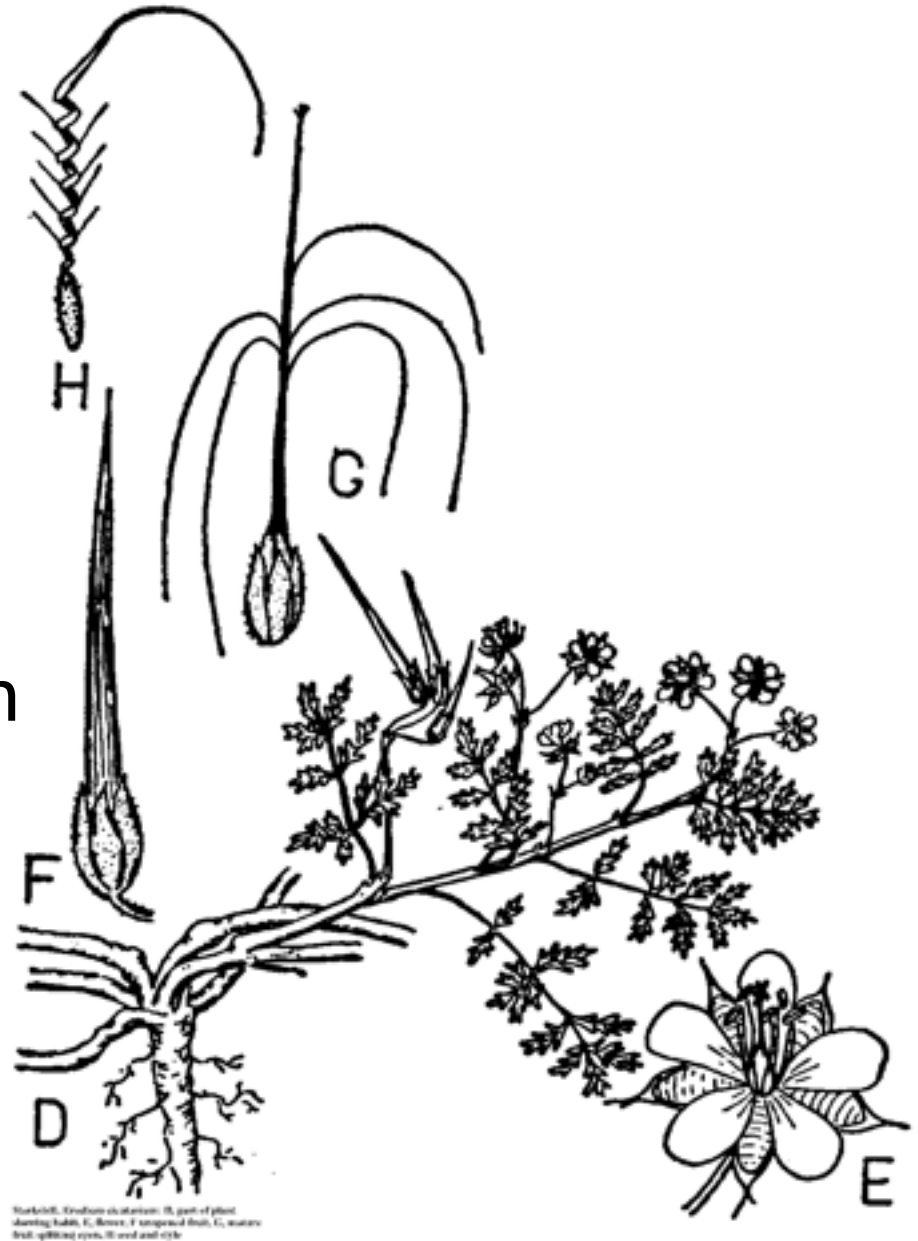
Common Names: heronsbill, alfilaria, pin-weed, pin-grass

Family: geranium

Indicates

Indefinite for nitrogen,
dry soil, mostly on acid
soil

although indefinite as an
indicator.



Storksbill (*Erodium cicutarium* L.)

- **Habitat:** lawns and pastures
- **Climate:** desert, between suboceanic and sub continental
- **Germination:** Shallow cultivation of seed infested fields induces germination.
- **Control:** hoe out rosettes as soon as recognized
- **Fodder:** Storksbill excellent spring forage, birds and wildlife eat the seeds, pollen and nectar for bees, nectar has highest tested sugar concentration. Spring stimulation of hives.
- **Use:** pasture, fodder, nurse plant on hard saline soils
- **Discussion:** Storksbill withstands concentrated alkaline salts, increases soil permeability, letting salts diffuse (5110).

Sow Thistle

(*Sonchus asper*)

Common names: Prickly sow thistle, prickly lettuce.

Family: aster



Sow Thistle (*Sonchus asper*)

Soil description: Good balanced loam

Control: Clean cultivate, then hand pull, hoe, or mow weeds on waste places before seeds form. Black plastic mulch to starve weeds.

Fodder: Can be made into silage when green, makes an excellent feed for geese and pigs. Bees obtain nectar from flowers.

Food: Eaten in salads or as pot herb when young, bitter with age.

Use: food, forage

Burr clover

(*Medicago hispida* Gaertn.)

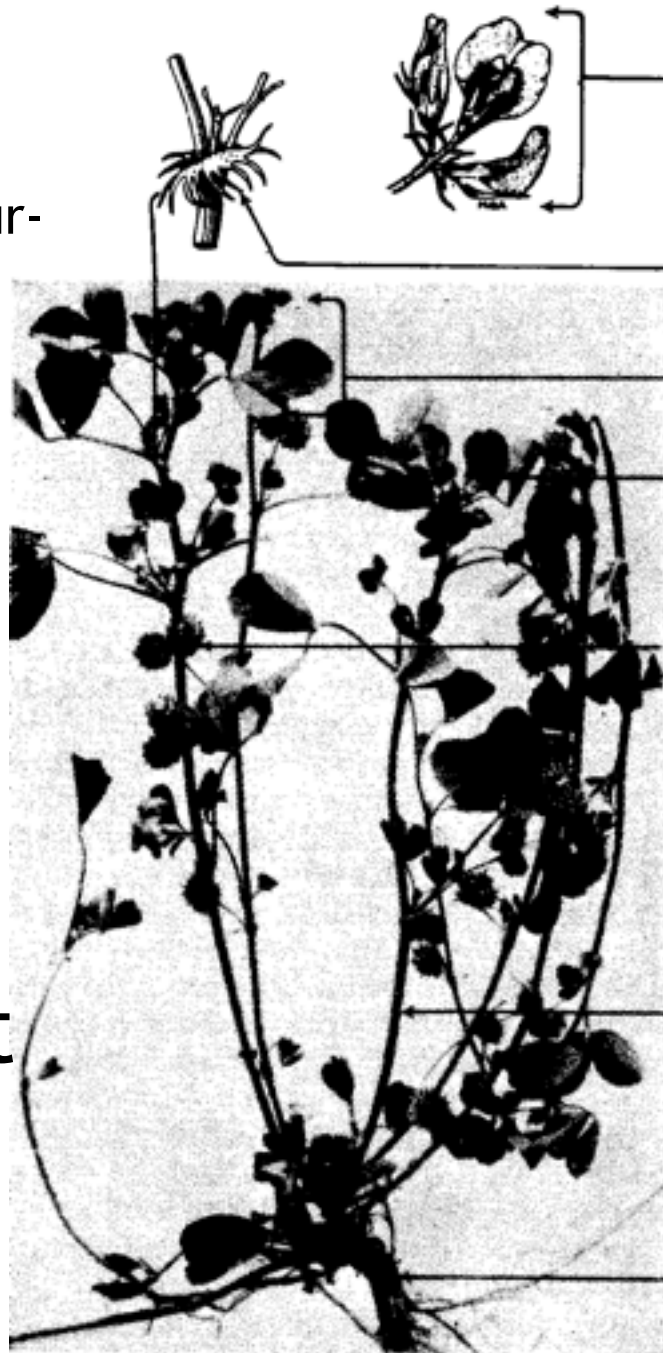
Common Names: California bur-clover,
toothed bur-clover

Family: pulse

Indicates

low nitrogen
and moist soil
(4830)

tolerates drought
(2705).



Flowers—small (less than $\frac{1}{4}$ in. long), pea-like, yellow, usually 2 to 5 in a slender-stalked cluster; stalk as long as or longer than the leaflets

Bracts (stipules)—at base of leafstalks, finely toothed

Leaves—alternate, stalked, divided (pinnately compound) into 3 segments (leaflets)

Leaflets—reverse-heart-shaped, mostly less than $\frac{1}{4}$ in. long, without splotches, the upper edges wavy and short-toothed from extension of the veins

“Burr” (pod)—2 to 3 times spirally twisted, prominently veined, several-seeded, with ridged edges bearing a double row of hooked or curved spines

Stems—several from the base, spreading and prostrate but with ends ascending, 6 to 24 in. long

Taproot—annual, occasionally with a somewhat thickened root crown

Burr clover (*Medicago hispida* Gaertn.)

- **Soil description:** Moist, well drained, fertile loam soil high in available nutrients (4830).
- **Control:** Increase acidity and available nitrogen.
- **Fodder:** Not palatable at first, but livestock acquire a taste for it (4830). Good for spring stimulation of bees (4700).
- **Use:** pasture, green manure, economical cover crop (4830) great value to wildlife, especially quail, stock eat pods, pods stick to sheep wool (2705).

Willow herb

(*Epilobium hirsutum* L.)

Common Name: willow-herb

Family: evening primrose

Indicates

rich in nitrogen,

Moist, doesn't dry out (1880)

neutral pH (1880).



Panicked willow-herb (*Epilobium penicillatum*), showing habit.
A, B, two views of seed.

Willow herb (*Epilobium hirsutum* L.)

- **Soil description:** Gravelly, somewhat limey (4390) on low fields, especially along ditches.
- **Control:** Improve drainage, and mow as first flowers appear.
- **Fodder:** Browsed by moose and deer. Honey plant.

Chickweed (*Stellaria media*

Cyril)

Starwort, starweed, bindweed, winter-weed, satin flower, tongue-grass

Family: pink

Indicates very nitrogen rich soil with neutral to basic pH. If stunted, low phosphorus level.

Accumulates magnesium. High concentration of organic matter on the surface and moderate level of fermented organic matter



Stellaria media (L.) Cyrillo. Common chickweed. A, Habit— $\times 0.5$; B, flower— $\times 3$; C, capsule— $\times 3.5$; D, seeds— $\times 7.5$.

Chickweed (*Stelaria media* Cyril)

- **Control:** Clean cultivate when seedlings are small. In lawns mow close and rake.
- **Fodder:** Pigs, poultry and birds fond of buds and seeds.
- **Food:** High in vitamin C, great in salads, lightly steamed, blended with juices.
- **Use:** food, fodder, ground cover.
- **Discussion:** Most vigorous growth during cool weather, greater moisture. Good spring ground cover in garden.

Nutgrass (*Cyperus esculentus* L.)

Common Names: yellow nut-grass, chufa, coco, coco sedge, rush nut, edible galingale, Earth almond

Family: sedge

Indicates wet soil, often not well aerated. The pH is on the acid side (1694).



Cyperus esculentus L. Yellow nutsedge. A, Habit— $\times 0.5$; B, spikelet— $\times 5$; C, achene— $\times 10$.

Nutgrass (*Cyperus esculentus* L.)

- **Soil description:** Usually rich or sandy with poor drainage, especially low spots in fields (4390).
- **Control:** Use 2 Chinese geese to the acre (train to dig tubers), improve drainage, and clean cultivate.
- **Food:** Raw tubers delicious nutty flavor. Blend to make "nut milk" or in pancake mix. (2300)
- **Use:** food, ornamental
- **Discussion:** Aggressive invasive problem on wet soils. Flowers with triangle symmetry used in dried weed pots.

Charlock

(*Brassica kaber* (DC.) L. C. Wheeler)

Common Names: wild mustard, field mustard,
field kale, kedlock

Family: mustard

Indicates low calcium if clubroot (5110), low potassium if stunted (2910). Neutral to basic pH (0460) with low humus (4810), and moderate to high fermented organic matter (2090). Surface usually crusted or plow pan (4810). Accumulates phosphorus, salt (5110).



(DC.) L. C. Wheeler var. *pinnatifida* (Stokes) L. C. Wheeler. Wild mustard. A, whole plant; B, seedling—x 0.5; C, flower—x 1.5; D, silique—x 1.5; E, seeds—x 5.

Charlock (Brassica kaber)

- **Soil description:** Stressed by poor drainage, poor structure, that is sour, waterlogged, and where slime molds are growing (2090).
- **Habitat:** spring grain fields, especially oats, cultivated land, waste places.
- **Germination:** Frequent disking and wild oats stimulate the seeds to germinate (4390). Fusarium molds in soil stimulate mustards (2090).
- **Control:** Clean cultivate then hand weed. Use mustard-free seeds. In wheat, harrow on a warm dry day when wheat is 4" high.
- **Allelopathy:** Rape and beets inhibit charlocks growth (4810). Companion to fruit trees (5110).
- **Food:** Leaves good in early spring for salads and as a pot herb. The flavor is strong and spicy. (2300).
- **Use:** food, orchard ground covers
- **Discussion:** Used to decrease salt in soil, and sweeten acid soil (4810). It's extensive root system opens up heavy and compacted soils. Like other mustards good winter ground cover in orchards that are disked in spring.

Buckhorn plantain

(*Plantago lanceolata* L.)

Common Names: English plantain, narrow-leaved plantain, rib-grass, rib-wort, black-jacks

Family: plantain

Indicator value: Grows on soils with a range of nitrogen, water and pH (1880). Tolerates a low level of potassium, the content of the leaves is proportional to the potassium in the soil (6220). Test area for potassium availability by collecting plantain leaves and analyzing them. Usually soil is moist and acid (1880). Accumulates phosphorus and calcium (5110).



Habit for all— $\times 0.5$. A, *Plantago lanceolata* L. Buckhorn plantain. a, Flower— $\times 2.5$; b, capsule— $\times 3$; c, seed— $\times 5$. B, *Plantago major* L. Broadleaf plantain. a, Flower— $\times 2.5$; b, capsule— $\times 3$; c, seeds— $\times 5$. C, *Plantago rapifolia* Decr. Blackseed plantain. a, Flower— $\times 2.5$; b, capsule— $\times 2.5$; c, seeds— $\times 3$.

Buckhorn plantain (*Plantago lanceolata*

Soil description: Compacted, dense, possibly worked wet or trampled (4810).

Habitat: clover fields, meadows, lawns, paths, waste places

Control: Hoe out individual plants. If this is all your lawn will grow, till it up, fertilize, add compost, and reseed (4390). In pastures and fields plant a clean cultivated crop for 2 years then reseed.

Germination: Plantain will germinate in complete darkness (0700) and can stand dense compacted soils (4810).

Allelopathy: Associates frequently with red clover (4810).

Fodder: Cattle like to eat plantain, which is high in protein. It is good for hay and has beneficial effects on cows (4810).

Food: Wilted leaves used for cooling astringent compresses for bruises, strained joints. Seed oil fine and almost tasteless (4810).

Use: fodder, herbal

Discussion: Most tolerant cool season weed to low

Dandelion

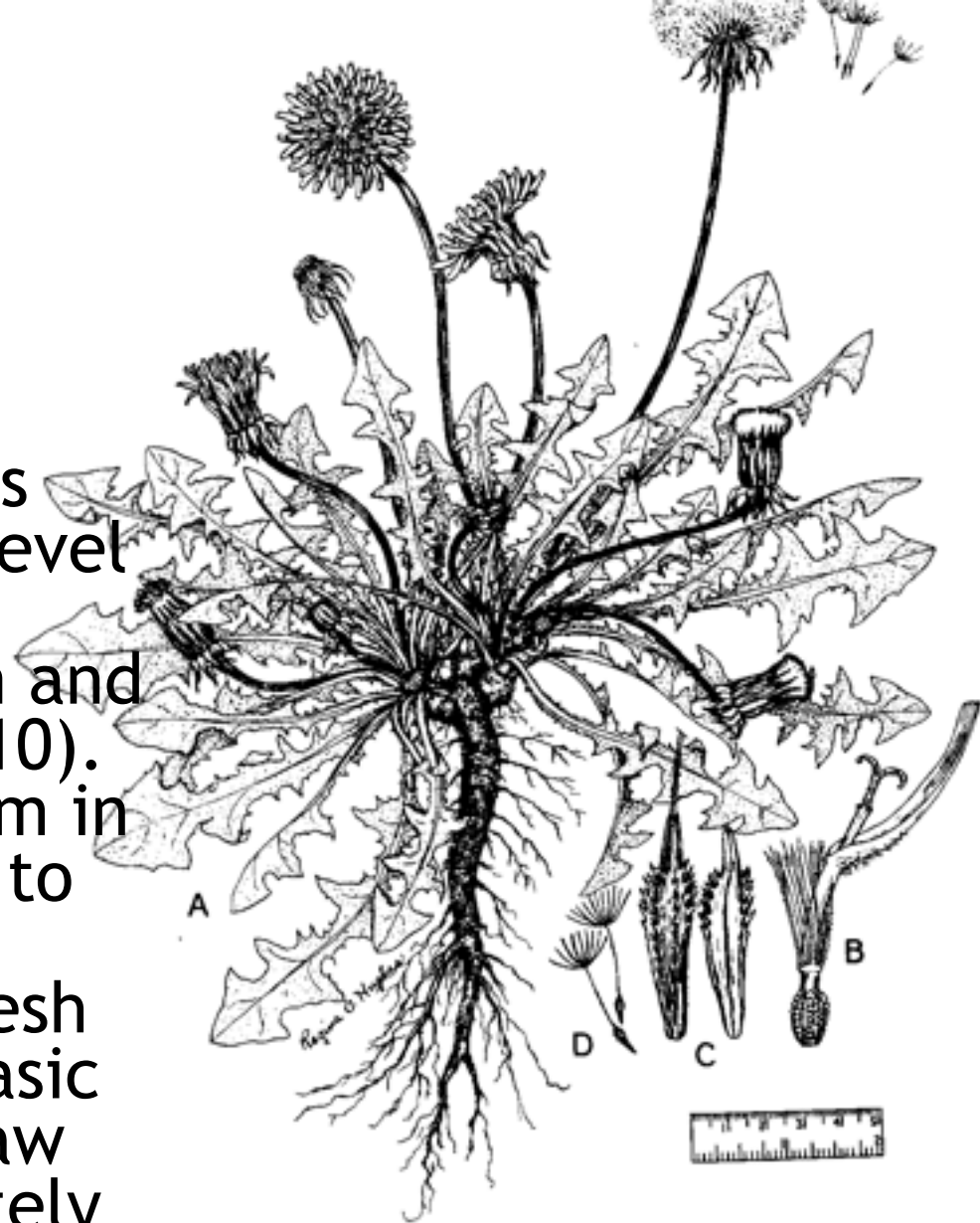
(*Taraxacum officinale* Webber)

Common Names: lions-tooth, blow-ball,
cankerwort

Family: aster

Indicates

rich in nitrogen (1880) and phosphorus . If the plant is stunted, low phosphorus level (2910). Usually rich in magnesium and potassium and low in calcium (2090) (3610). Concentration of potassium in the leaves is proportional to the potassium in the soil (6220). Soil moisture is fresh (1880), pH is neutral to basic (0460), and the level of raw organic matter is moderately high (2090). The level of humus is low (2740).



Taraxacum officinale Weber. Dandelion. A, Habit— $\times 0.5$; B, flower— $\times 3$; C, achenes— $\times 3$; D, achenes with pappus— $\times 1$.

Dandelion (*Taraxacum officinale*) part 1

Soil description: clay or heavy, good deep soil (2740)

Germination Sprouts the year after adding lime to an acid plot (3610)

Control: Spud out roots. Cut off tops before seeds form and increase drainage and acidity.

Allelopathy: Dandelion is a good mother crop and companion to alfalfa (4810). Roots exude substance that attracts earthworms (5110).

Fodder: High protein content, makes good hay, protective effect for cows (5110)
palatable nutritious feed for animals (5860).

Dandelion (*Taraxacum officinale*) part 2

Food: Leaves make excellent greens for salads or pot herb in the spring. Leaves get bitter with age but can be blanched. Sweet wine made from blossoms. The root is roasted for a coffee-like drink. Many herbal remedies. Leaves are diuretic and supply potassium. Side effects complement main action.

Use: food, beverage, herbal, soil improvement

Discussion: Root penetrates hard pans (4810) withstands concentrated alkaline salts and increases soil permeability (5110). When herbicides are sprayed on a lawn, soil fungi are killed, destroying the soil structure. So herbicides can encourage dandelions. Compost and soil acidifiers are better to discourage dandelions and stimulate grass.

Morning-glory

(*Ipomoea purpurea* (L.) Roth)

Common Names: morning-glory

Family: morning glory

Indicator value: Tolerates low phosphorus (5110). The surface or lower soil layers compacted (4810).



Ipomoea purpurea (L.) Roth. Tall morningglory. A, Habit— $\times 0.5$; B, flower diagram— $\times 0.5$; C, capsule— $\times 0.5$; D, seeds— $\times 3$.

Morning-glory (*Ipomoea purpurea* (L.))

- **Control:** Hand pull, and hoe, then use clean cultivation to keep under control. Discing encourages, mowing decreases. Cows, chickens love it.
- **Allelopathy:** Companion to corn in small quantities (1305), stimulates germination of melon seeds (4820).
- **Food:** Warn children not to eat the seeds that are hallucinogenic.
- **Use:** soil improvement, ornamental, animal fodder.
- **Discussion:** Improves soil organic matter and soil texture.

Blackberry

Rubus sp.

Family: rose

Indicates dry soil,
pH range of 4.5 to
8.0 (1694), neutral
pH (1880)
accumulates high
levels of Mn 5110



FIGURE 110.—*Rubus allegheniensis* Porter, Allegheny blackberry. A, Primocane habit— $\times 0.5$; B, florican habit— $\times 0.5$; C, fruit showing drupelets— $\times 0.5$; D, seeds— $\times 3$.

Blackberry *Rubus* sp

- Soil: dry, sandy, gravelly 4390
- Habit: dry places lowlands to hills, open wood, roadsides, fencerows, thickets, native
- Control: grub out scattered clumps, large areas mowed & burned, plow in autumn, disk 2-3X plant smother crop in spring, then cultivate, browse with goats
- Allelopathy: inhibited by raspberries 4820
potatoes are more susceptible to blight near raspberries 4820
- Food: tea, berries, leaves estrogen source
- Use: prepare unfavorable soil for trees 4820
wildlife habitat, add to hedgerow to make better fence

Lambsquarter

Chenopodium album L.

Family, goosefoot

Indicates mostly in soil rich in mineral nitrogen 1880, accumulates calcium 5110, the level of potassium reflects potassium in the soil 2910, tolerates saline soil 1880, dryer soil 1880, tolerates dry soil 4810, mostly acid to indeterminate for pH 0460, pH range 4.2 to 8.3 1694, high level of undecomposed organic matter if prolific 4810.



FIGURE 64.—*Chenopodium album* L. Common lambsquarters. A, Habit, small plant; B, floral spike— $\times 2.5$; C, flowers— $\times 7.5$; D, utricle— $\times 4$; E, seed— $\times 4$.

Lambsquarter, *Chenopodium album* L.

- Soil: surface loose, insufficient decomposed organic matter 4810
- Habit: gardens, cultivated fields, grain fields, waste ground; compost piles, decaying matter
- Germination: seed from plants on N rich soil less dormant, high N 2040, seeds different colors, darker seeds have longer dormant period, germinate in range of 1-5 years
- Control: clean cult, hand weed, harrow fields while crop small, keep compost piles free of plants 4810
- Microbe: indicates good sort of decay system, in high OM, rich, fertile soil 2090
- Allelopathy: no serious negative effects on most crops 2090
- Companion: cucurbits-squash family, potatoes, though indicates too alkaline for potato 4810 top lambsquarter to get it to spread out
- Fodder: silage second to none when mixed with legumes 1305
- Food: good as salad green, steamed as potherb
- Use: excellent green manure, brings up nutrients 1305, can be used as living mulch if topped 5110

Sorrel

Oxalis cernua Thumb.

Common Names: wood sorrel, oxalis

Family: wood sorrel

Indicates:

N - N,6,1880

Water - N,4,1880

Ph - X,1880

gravelly or sandy 4390 cult
fields, roadsides, waste
places, sandy or gravelly
soil



FIG. 161. Bermuda buttercup (*Oxalis cernua*).

Curly Dock

Rumex crispus L.

Common Names: dock

Family: buckwheat

N - N,5,1880

P - N,2,5110

Ca - T,1,2910

Silica - A,5110

Water - N,6,1880

pH - X,1880, N,3,4810, N,9,0460

Compaction - P,4810

Description - sour wet patches, hard pan
4810

Habit - meadows, pastures, lawns, waste
places; sour wet patches & insufficient
drainage

Control - pastures, lawns; remove
scattered plants incl all roots, if field
overrun, plow, clean cult; reduce acid,
break hard pan



Purslane

Portulaca oleracea L.

Common Names: purslane, pusley, pursley

Family: portulaca

N - N,7,1880, A,7,6850 when available

K - P,6,2910

Description - rich soil 4390 gardens, cult fields, waste places, mostly on rich soil

Temp ave - 5-29 tf8,3

Temp figure - 2mr-10xw

Rainfall - 2-42

Control - kill in seedling stage by freq & continued cult from when appear (late) til frost,
remove mature plants & compost o burn

FORM LEAF_GREEN LEAF_WATER SOCIAL

T S 9 3.3 7

Companion - corn - covers ground,

Toxic - toxic levels of NO₃ & oxalate, presence of high N 6850

Food - fresh in salad, boiled green, soups, stews, casseroles, stems pickled, seed fl
2290

Use - good ground cover, bring nutrients up from subsoil 1305

Notes - makes ground more permeable for corn 1305

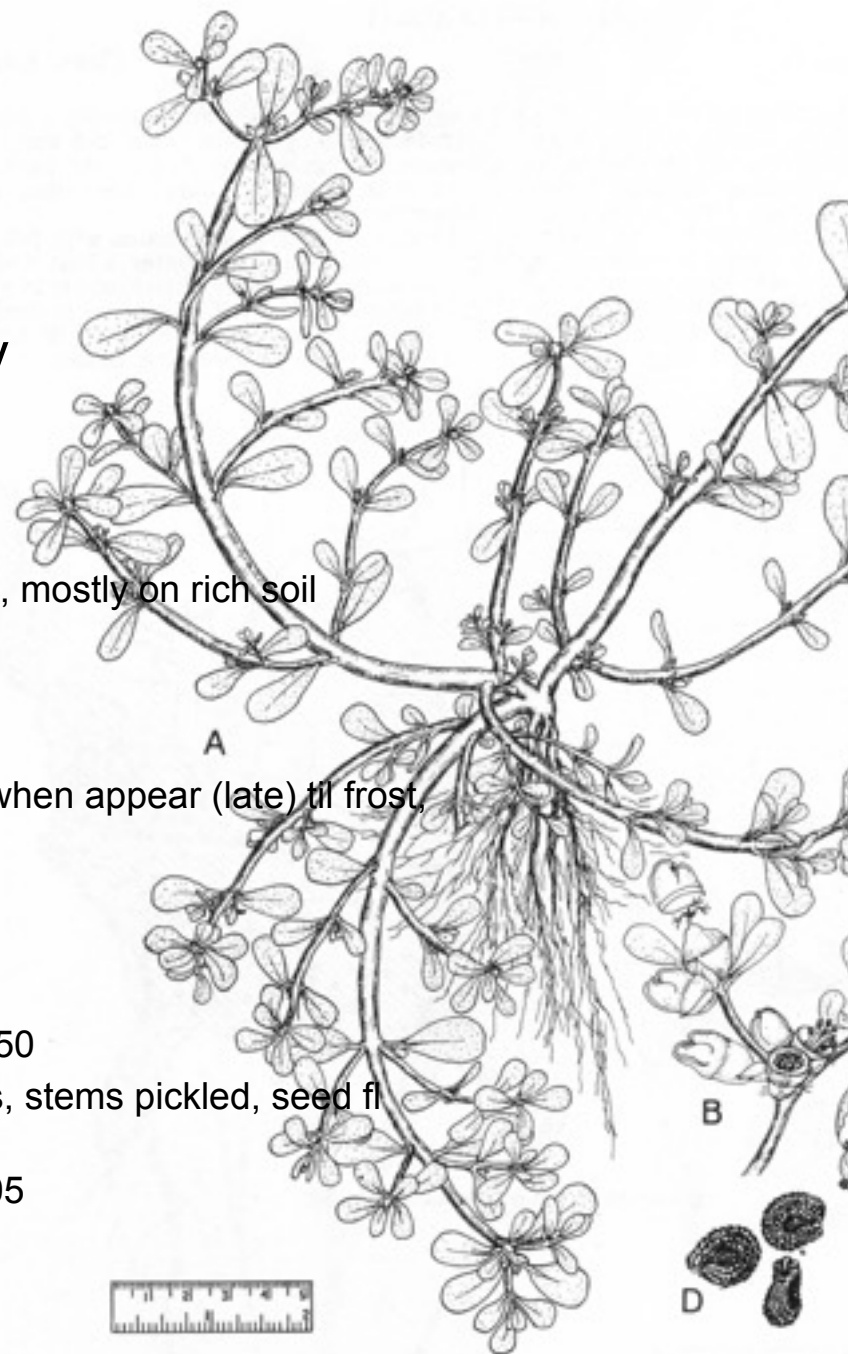


FIGURE 74.—*Portulaca oleracea* L. Common purslane. A, Habit—× 0.5; B, flowers and flower open—× 4; D, seeds—× 18.